

# FAMILY THERAPY OF ALBUQUERQUE

*A Ministry of Heights Cumberland Presbyterian Church*

8600 Academy Rd., N.E.

Albuquerque, NM 87111

(505) 821-3628

## INFORMATION REGARDING CONFIDENTIALITY

It is important that you know that any information you reveal in your psychotherapy or counseling sessions will be kept strictly confidential. Your therapist will not disclose any information obtained in your sessions, including the results of psychological tests, to anyone outside this agency without your written permission. This means your therapist will not even acknowledge to other persons or agencies that you are attending sessions without your written permission.

Consultation regarding your situation may occur between therapists at this agency, and it will be in your best interest when this occurs. However, every effort will be made to protect your identity even in these consultations within the agency.

Parents of children receiving psychological services should know that New Mexico law protects children as well as adults from the unauthorized disclosure of confidential information.

It is also important that you know that there are legal limits with regard to confidentiality. In certain situations your therapist is required by law to reveal information obtained during therapy to other persons or agencies without your permission. These situations include, but are not limited to: where there is a threat of serious harm to yourself or to another person; where there is evidence of any type of child abuse or elder abuse or abuse of other dependent adults who are not able to protect their rights.

I have read and understood the above information. I have had the opportunity to ask questions and have had any questions answered to my satisfaction.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please print your name \_\_\_\_\_